

2 out of 4 Menopausal Women Suffer From

Symptoms of Vaginal Atrophy or
Genitourinary Syndrome of Menopause (GSM)

Painful Intercourse
Vaginal Dryness
Vaginal Burning/Itching
Chronic UTI's
Chronic Vaginal Infections
Urinary Incontinence

But they don't have to.

MonaLisa Touch

MonaLisa Touch

A revolutionary laser treatment
that promotes vaginal and
vulvar health



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Gynecologic Health

Talk about it:

Painful Intercourse
Vaginal Dryness
Vaginal Burning/Itching
Chronic UTI's
Chronic Vaginal Infections
Urinary Incontinence



MonaLisa Touch

Painful Intercourse, Vaginal dryness, itching and burning?

Now there's something
you can do about it
that really works.

When estrogen levels decline after menopause, many changes occur. Millions of women experience symptoms such as vaginal dryness, itching, burning, or painful intercourse. Many women suffer silently, and those who seek treatment find their options limited: messy estrogen creams or hormone replacement therapy, which isn't for everyone.

Now there's a better way.

MonaLisa Touch

MonaLisa Touch: Fast, Simple & Safe

MonaLisa Touch laser treatment is a simple procedure that takes less than 5 minutes.

It delivers both immediate and lasting relief. And it's clinically proven to work.

- In-office, no anesthesia
- Simple, painless laser energy
- No side effects
- No downtime
- Thousands of women successfully treated since 2008



Histological Comparison

A - Untreated

B - 2 Months Post
Treatment

Novel fractional laser therapy achieved significant 12-month reductions in vaginal dryness, burning, pain, and itching associated with menopause, Eric Sokol, MD, reported at Pelvic Floor Disorders Week, sponsored by the American Urogynecologic Society.

Most patients – 92% – said they were satisfied or very satisfied with the treatment, said Dr. Sokol of Stanford (Calif.) University. “Treatments take 45 seconds and are painless,” he added. “We are part of a group that is planning a larger multicenter randomized trial of this laser, as well as some histologic studies.”

The two-center pilot study included 30 women with vulvovaginal atrophy treated with a novel fractional carbon dioxide laser system called SmartXide2 V2LR (MonaLisa Touch). The system has a maximum power of 60 W and emits laser energy at a 10,600-nm wavelength, Dr. Sokol noted. Patients underwent three treatments spaced by 6 weeks, and used 10-point visual analogue scales to score baseline and subsequent levels of vaginal pain, burning, itching, dryness, dyspareunia, and dysuria.

Patients reported significant improvements in all symptoms at 3 months and continued to show the same significant improvement at 12 months. Reductions in dryness and dyspareunia were especially marked, dropping by an average of about 75% and 66%, respectively. At 12 months, 79% of patients tolerated a medium or large dilator, compared with only 20% at baseline, Dr. Sokol said.

Average scores on the Female Sexual Function Index rose from 11.3 at baseline to 21.25 at 12 months, a statistically significant improvement.

Laser therapy caused no major adverse events, but about 10% of patients developed slight vaginal discharge or minor spotting after treatment, Dr. Sokol reported. Patients were not allowed to use lubricants or estrogens during the study.